

**** Monday , January 13th 2014 ****

The Secret Life

of a Massachusetts Teen

Presented by **Jon Mattleman**

Director of Needham Youth Services



WHEN: 6:30pm Light Refreshments

7:00pm Presentation

WHERE: Framingham High School – Room H-100



Have you ever wondered...

- What teens are really thinking?
- Why they don't share their fears?
- How we can better support teens?
- How we can become better listeners?

Sponsored by Town Wide PTO & The Community Health Forum Task Force



About Jon Mattleman Mattleman is a mental health counselor and trainer with 30 years of experience working with youth, parents and families. In 1993 he established Youth/Family Resources, a consulting firm focused on overcoming personal barriers and building healthy relationships. His dynamic presentations and workshops give participants tools they can implement immediately, strategies that work with children and youth, and constructive approaches to communication and collaborative problem solving.

******* Presentation in English, Spanish & Portuguese *******